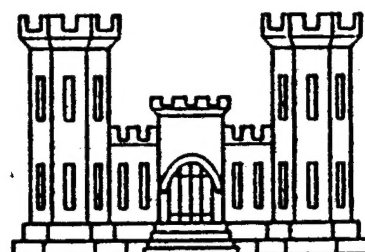


**SUBMITTAL NO.15 (FINAL)**

**ENERGY ENGINEERING ANALYSIS PROGRAM  
ARLINGTON HALL STATION , VIRGINIA**

**VOLUME I**



**EXECUTIVE SUMMARY**

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NORFOLK DISTRICT CORPS OF ENGINEERS  
NORFOLK , VIRGINIA  
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**PREPARED BY:  
H.D. NOTTINGHAM & ASSOCIATES, INC.  
ARCHITECTS - ENGINEERS - PLANNERS  
7900 WESTPARK DRIVE  
MCLEAN, VIRGINIA 22102**

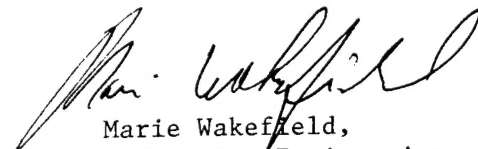


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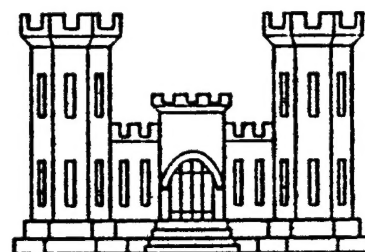
  
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ENERGY ENGINEERING ANALYSIS PROGRAM

ARLINGTON HALL STATION, VIRGINIA

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EXECUTIVE SUMMARY

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## EXECUTIVE SUMMARY

### 1. PURPOSE

The overall purpose of this report is to provide a systematic plan of improvement projects that will reduce the energy consumption by 1985 in compliance with the Army Facilities Energy Plan (AFEP) without decreasing the present standard of living. The AFEP energy goals from FY 75 base year are as follows:

- Reduce facility energy consumption by 50 percent by the year 2000.
- Reduce facility energy consumption by 25 percent by FY 85.
- Reduce dependence on critical fuels by the year 2000.
- Eliminate use of natural gas.
- Reduce use of petroleum fuels in facilities by 75 percent.
- Reduce annual energy consumption per gross square foot by 20 percent in existing facilities by FY 85.
- Reduce annual energy consumption per square foot by 45 percent in new buildings by FY 85.
- Obtain at least 10 percent of total Army installation energy from coal, coal gasification, solid waste, refuse derived fuel and biomass.
- Obtain one percent of total Army installation energy by solar system.

### 2. CURRENT ENERGY USAGE (1975-1979)

2.1 Current energy usage (1975-1979) is depicted in Figure

2.1.A. The average annual energy consumption by the installation during the above period was 262,412 MBTU. The maximum energy consumption was 276,468 MBTU in FY 78, which was a 5.45 percent increase from FY 75. Minimum consumption was 250,720 MBTU in FY 79, which was a 4.34 percent reduction from FY 75. Generally, electrical energy consumption has increased since FY 75 whereas thermal energy consumption has shown a slight decrease. Average energy usage per unit area has been 202,387 Btu/ft<sup>2</sup> during this time. Energy consumption trends are shown on Figure 2.1.B.

2.2 Figure 2.2 illustrates the "Energy End Use" for the overall system. Major portions of the energy are consumed by space heating (34.9%), air conditioning and ventilation (24.0%) and indoor lighting (21.1%).

2.3 Nine (9) buildings were selected for analysis to enable establishing the energy consumption for a typical building. Unit area energy use and total energy use for these buildings are shown on Figures 2.3.A and 2.3.B respectively. The unit area energy use varies from 247,489 to 456,437 Btu per square foot, which is mainly due to the type of building construction and the building usage.

### 3. ENERGY CONSERVATION MEASURES DEVELOPED

#### 3.1 ECM's Investigated

Thirty-eight (38) energy conservation measures requiring capital investment were investigated. These are tabulated in Appendix A. These ECM's were carefully analyzed and Energy Conservation projects developed, to be discussed later.

FIG. 2.1.A.

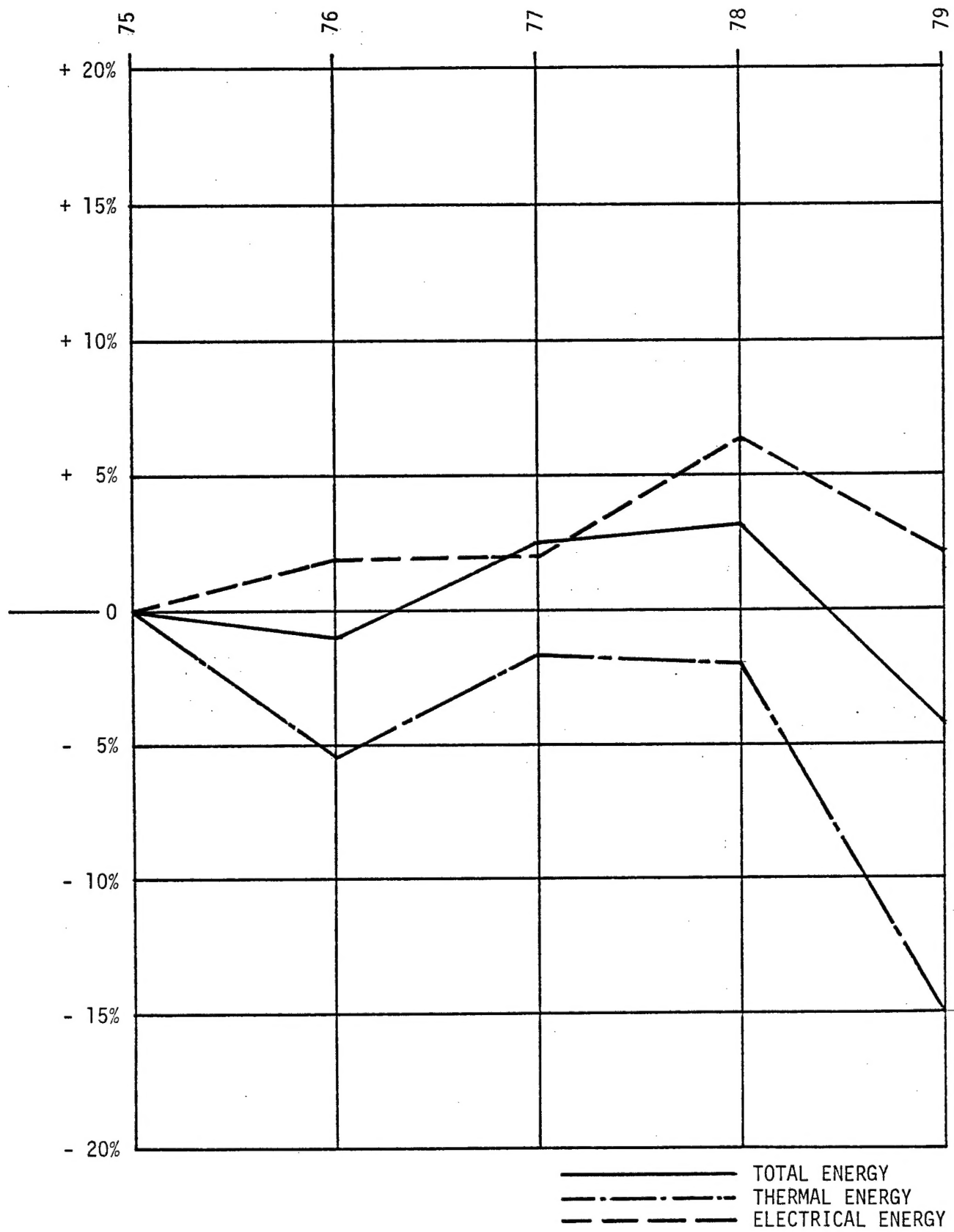
## CURRENT ENERGY USAGE (1975-1979)

| YEAR               | ELECTRICITY<br>MBTU | NO. 2 OIL<br>MBTU | NO. 5 OIL<br>MBTU | NATURAL GAS<br>MBTU | TOTAL<br>MBTU      | BTU/S.F.  |
|--------------------|---------------------|-------------------|-------------------|---------------------|--------------------|-----------|
| FY 75<br>BASE YEAR | 161,929             | 2,521             | 87,641            | 10,027              | 262,119            | 302,050   |
| FY 76<br>& P.D.    | 164,768<br>+ 1.75%  | 1,847<br>- 26.74% | 82,916<br>- 5.4%  | 10,042<br>+ 0.15%   | 259,574<br>- 0.97% | 299,117   |
| FY 77<br>& P.D.    | 165,040<br>+ 1.92%  | 3,008<br>+ 19.31% | 85,228<br>- 2.76% | 9,903<br>- 1.24%    | 263,180<br>+ 0.40% | 303,272   |
| FY 78<br>& P.D.    | 172,051<br>+ 6.25%  | 1,387<br>- 44.98% | 87,596<br>- 0.06% | 9,433<br>- 5.93%    | 276,468<br>+ 5.47% | 318,584   |
| FY 79<br>& P.D.    | 165,265<br>+ 2.06%  | 1,351<br>- 46.42% | 74,769<br>- 4.69% | 9,333<br>- 6.92%    | 250,720<br>- 4.34% | 288,914   |
| TOTAL<br>5 YRS.    | 829,053             | 10,114            | 418,150           | 48,738              | 1,312,061          | 1,511,937 |
| AVERAGE            | 165,810             | 2,022             | 83,630            | 9,747               | 262,412            | 302,387   |
|                    |                     |                   |                   |                     |                    |           |
|                    |                     |                   |                   |                     |                    |           |

REMARKS: P.D.: PERCENT DEVIATION FROM BASE YEAR FY 75

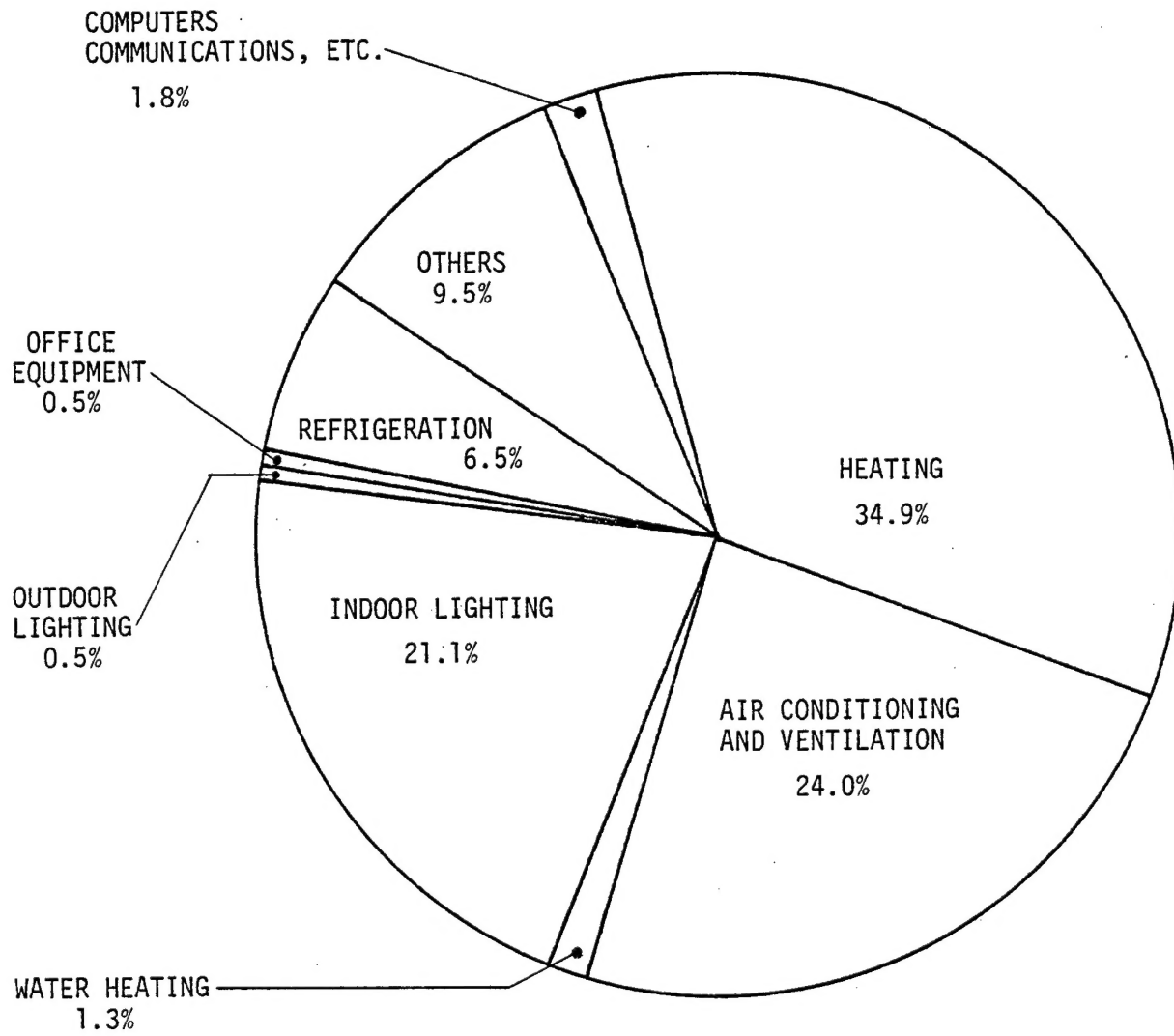


FIGURE 2.1.B



## ENERGY CONSUMPTION TRENDS

FIGURE 2.2



## ENERGY END USE

# ENERGY USE/FT<sup>2</sup> BY SELECTED BUILDINGS

FIG. 2.3.A

| ENERGY USE/FT <sup>2</sup> |        |         |      |         |             |         |         |  |
|----------------------------|--------|---------|------|---------|-------------|---------|---------|--|
|                            | ELECT. |         | OIL  |         | NATURAL GAS |         | TOTAL   |  |
|                            | KWH    | BTU     | GAL. | BTU     | THERM.      | BTU     |         |  |
| BUILDING 100               | 16.902 | 196,070 | .51  | 73,160  |             |         | 269,230 |  |
| BUILDING 111               | 9.220  | 106,963 | 1.49 | 215,280 |             |         | 322,243 |  |
| BUILDING 115               | 18.610 | 215,887 |      |         | 1.43        | 143,550 | 359,437 |  |
| BUILDING 125               | 26.920 | 312,271 | .36  | 53,180  |             |         | 456,437 |  |
| BUILDING 301               | 17.940 | 208,114 |      |         | 1.61        | 161,780 | 369,894 |  |
| BUILDING 302/3/4           | 11.770 | 136,538 | .28  | 41,660  | 1.88        | 188,570 | 366,768 |  |
| BUILDING 316               | 17.608 | 204,263 |      |         | 2.14        | 214,470 | 418,733 |  |
| BUILDING 401               | 14.023 | 162,669 | .58  | 84,820  |             |         | 247,489 |  |
| BUILDING 504               | 11.995 | 139,146 | 1.14 | 164,290 |             |         | 303,436 |  |

# TOTAL ENERGY CONSUMPTION BY SELECTED BUILDINGS

FIG. 2.3.B

| TOTAL ENERGY USE |         |         |         |        |             |       |         |  |
|------------------|---------|---------|---------|--------|-------------|-------|---------|--|
|                  | ELECT.  |         | OIL     |        | NATURAL GAS |       | TOTAL   |  |
|                  | MWH     | MBTU    | GAL.    | MBTU   | THERM       | MBTU  |         |  |
| BUILDING 100     | 200     | 2,320.1 | 6,012   | 865.8  |             |       | 3,185.9 |  |
| BUILDING 111     | 85.3    | 989.2   | 13,826  | 1,991  |             |       | 2,980.2 |  |
| BUILDING 115     | 91.1    | 1,057.2 |         |        | 7,030       | 703   | 1,760.2 |  |
| BUILDING 125     | 382.2   | 4,433.8 | 5,243   | 755    |             |       | 5,188.8 |  |
| BUILDING 301     | 50.2    | 582.7   |         |        | 4,530       | 453   | 1,035.7 |  |
| BUILDING 302/3/4 | 98.9    | 1,146.9 | 2,430   | 350    | 15,840      | 1,584 | 3,080.9 |  |
| BUILDING 316     | 53.3    | 618.1   |         |        | 6,490       | 649   | 1,267.1 |  |
| BUILDING 401     | 3,734.3 | 43,318  | 156,868 | 22,589 |             |       | 65,907  |  |
| BUILDING 504     | 66.6    | 772.4   | 6,333   | 912    |             |       | 1,684.4 |  |

### 3.2 Energy Conservation Projects Developed.

#### 3.2.1 Increment "A"

- Building Weatherization
  - The installation of exterior synthetic insulation board, storm window and ceiling and crawl space insulation, replacement of windows, providing weather stripping and blocking up non-essential windows.
- Automatic Temperature Control Improvements, etc.
  - The installation of self-contained radiator valves and shower restrictors
  - Modifications to condenser water piping
  - The installation of piping insulation
  - The replacement of electric heaters with steam or hot water heaters

#### 3.2.2 Increment "B"

- Replacement of Incinerators
  - The replacement of the existing incinerators with a heat recovery type incinerator
- The installation of oxygen trim packages to the boilers
- The use of a computer controlled radio control system (CCRCS)

#### 3.2.3 Increment "F"

- Reset Condenser Water Temperature
- Reduce Ventilation Rate
- Reset Chilled Water Temperature
- Install Flow Restrictors to Lavatories

#### 3.2.4 Increment "G"

- The replacement of 40 watt fluorescent lamps with the 35 watt lamps
- The installation of Exterior Synthetic Wall Finish (ESWF)
- The replacement of existing air conditioning equipment

#### 3.2.5 ECM's Requiring Policy Changes

Thirty-four (34) of potential energy conservation measures are listed in Appendix B which requires management action at the installation level with no cost or little cost. Implementation of these measures will further reduce energy consumption at the installation.

### 4. ENERGY AND COST SAVINGS

#### 4.1 Basewide Consumption Following Implementation of Energy Conservation Projects

Upon completion of the energy consumption projects depicted in Figure 3-1, the installation will reduce its energy consumption by 101,880 MBTU annually, which is a 38.9 percent reduction from FY 75. Also, with the installation of a new heat recovery incinerator, 24,120 MBTU of thermal energy (equivalent to 167,500 gallons of No. 5 oil) will be supplied annually, thus reducing the purchased energy consumption by 9.2 percent from FY 75. Overview of energy conservation and total energy savings profile is as indicated on Figure 4.1.A and 4.1.B. The completion of the Energy Conservation projects meets or exceeds items B, D and F of the AFEP energy goals as follows:

- Reduce facility energy by 38.9 percent.
- Reduce annual energy consumption per gross square feet by 38.9 percent in existing facilities.
- Obtain 13.7 percent of future total installation energy from solid waste and refuse by a heat recovery type incinerator.

ENERGY CONSERVATION PROJECTS SUMMARY

FIGURE 3.1

| ECIP PROJECTS   | CONST.<br>COST<br>\$ | SAVINGS/YEAR |           | B/C  | E/C   | PAYBACK<br>YEARS |
|---|----------------------|--------------|-----------|------|-------|------------------|
|   |                      | MBTU         | DOLLARS   |      |       |                  |
| Building Weatherization (Increment A)                               | 3,902,600            | 56,044       | 565,281   | 3.43 | 14.36 | 6.90             |
| Automatic Temp. Control Improvements,<br>etc. (Increment A)         | 421,100              | 8,795        | 89,228    | 2.99 | 20.9  | 4.72             |
| Installation of Oxygen Trim Package<br>to Boilers (Increment B)     | 101,410              | 3,151        | 33,747    | 4.74 | 31.07 | 3.01             |
| Replacement of Incinerators<br>(Increment B)                        | 999,570              | 24,120       | 258,325   | 3.68 | 24.12 | 3.87             |
| Computer Controlled Radio Control System<br>(Increment B)           | 643,150              | 13,208       | 221,634   | 4.69 | 20.54 | 2.90             |
| Subtotal Increments A & B   | 6,067,830            | 105,318      | 1,168,215 | --   | --    | --               |
| Reset Condenser Water Temp.<br>(Increment F)                        | 2,826                | 2,260        | 18,510    | 87.4 | 797.7 | .2               |
| Reduce Ventilation Rate<br>(Increment F)                            | 26,555               | 3,205        | 31,054    | 16.3 | 120.7 | .9               |
| Reset Chilled Water Temp.<br>(Increment F)                          | 9,826                | 510          | 4,178     | 5.7  | 51.9  | 2.4              |
| Install Flow Restrictors to Lavatories<br>(Increment F)             | 105,918              | 1,145        | 25,706    | 3.9  | 10.8  | 4.1              |
| Replacement of 40 Watt Fluorescent<br>Lamps (Increment G)           | 216,650              | 4,570        | 34,457    | 2.51 | 21.08 | 4.7              |
| Installation of ESWF (Increment G)                                  | 1,345,210            | 6,911        | 82,276    | 1.40 | 5.14  | 16.3             |
| Replacement of existing A/C equipment<br>in Bldg. P-1 (Increment G) | 802,360              | 2,081        | 63,599    | 1.02 | 2.59  | 12.61            |
| TOTALS  | 8,568,175            | 126,000      | 1,427,995 | --   | --    | --               |

#### 4.2 Allocation of Energy Conservation Project Savings

Completion of the energy conservation projects, as indicated on Figure 3.1, would result in the annual saving of 1,427,995 in energy and maintenance costs.

#### 4.3 Projected Energy Consumption

The total energy consumption of the installation does not indicate any significant change during the period FY 75 to FY 80, except for a slight increase in the electrical energy consumption (Figure 4.1.A). The increase in electrical energy demand is mainly due to the continuous addition of air conditioning equipment to meet the requirements of the computer facilities. Since at present no plan exists for changes in the installation's mission, population or new construction and demolition, it is expected that the current level of energy consumption will be maintained until the energy conservation projects are completed. However, as discusses earlier, the energy consumption will be significantly reduced upon completion of the energy conservation projects as indicated hereinbefore.

#### 4.4 Projected Energy Costs

Figure 4.4 indicated the projected increasing energy costs and the anticipated reduction when the energy conservation projects are implemented. The energy costs were escalated using the rates supplied by the Norfolk District, ECIP guidance.



OVERVIEW OF ENERGY CONSERVATION PLAN

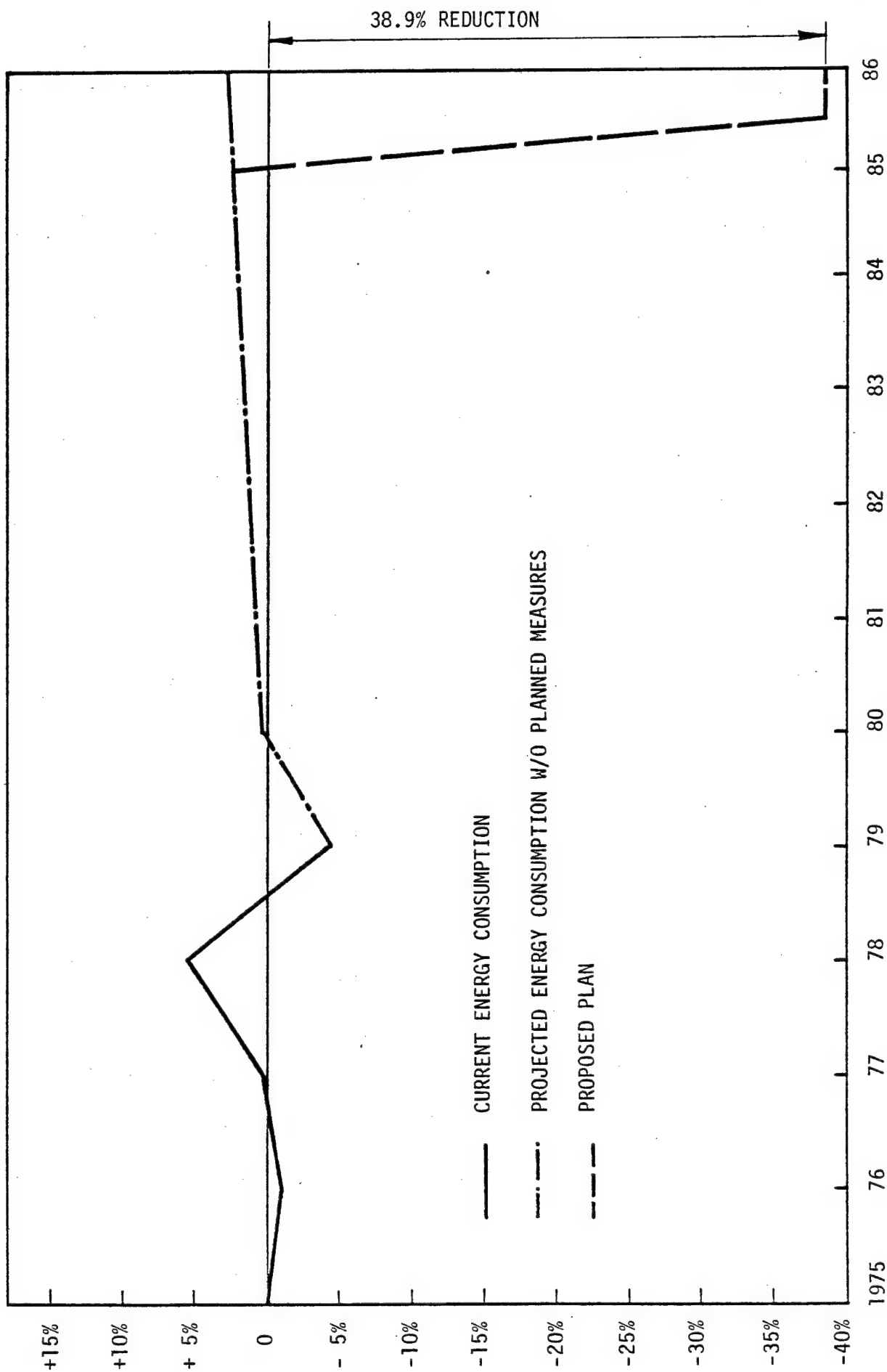


Fig. 4.1.B.

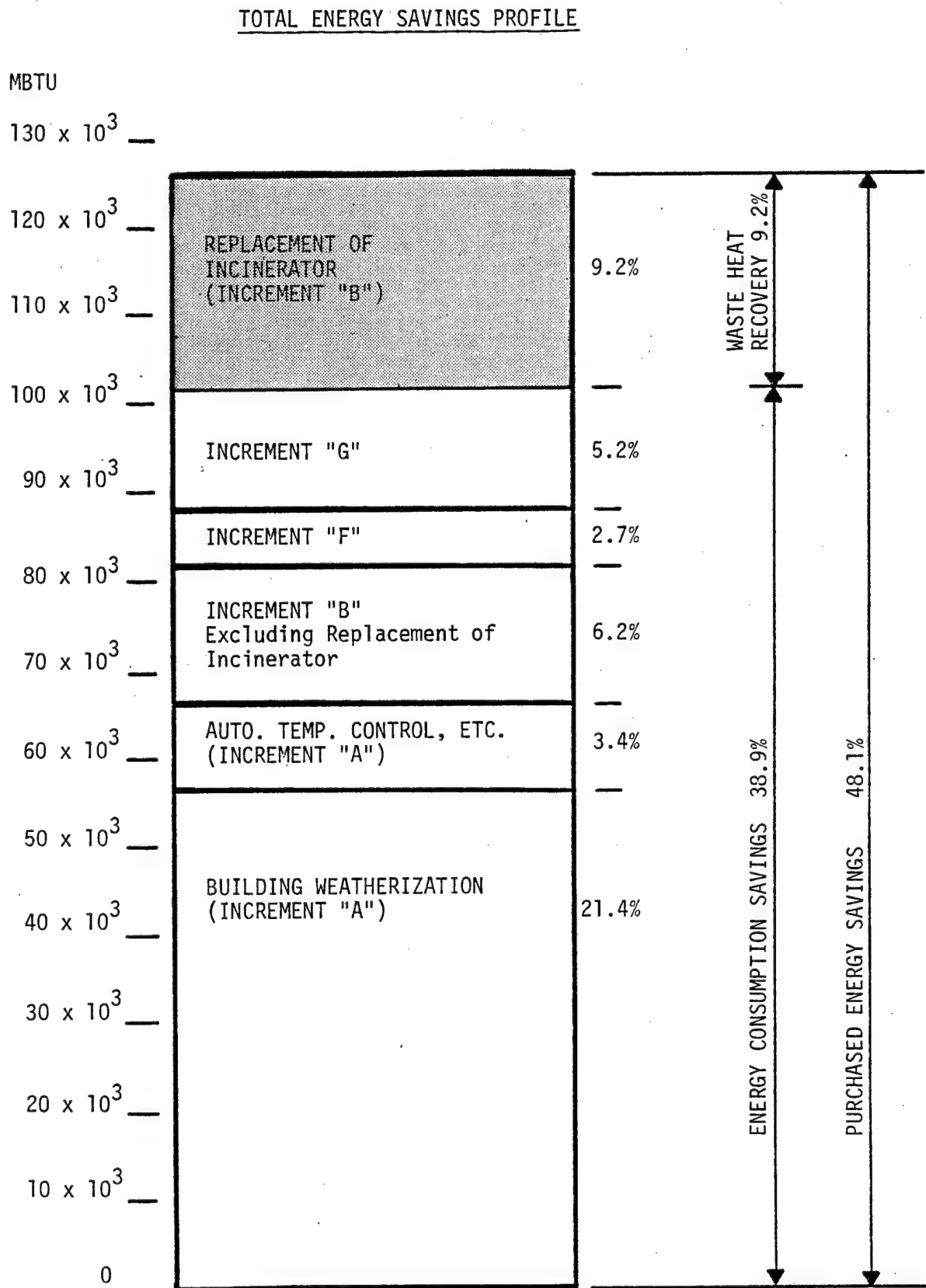
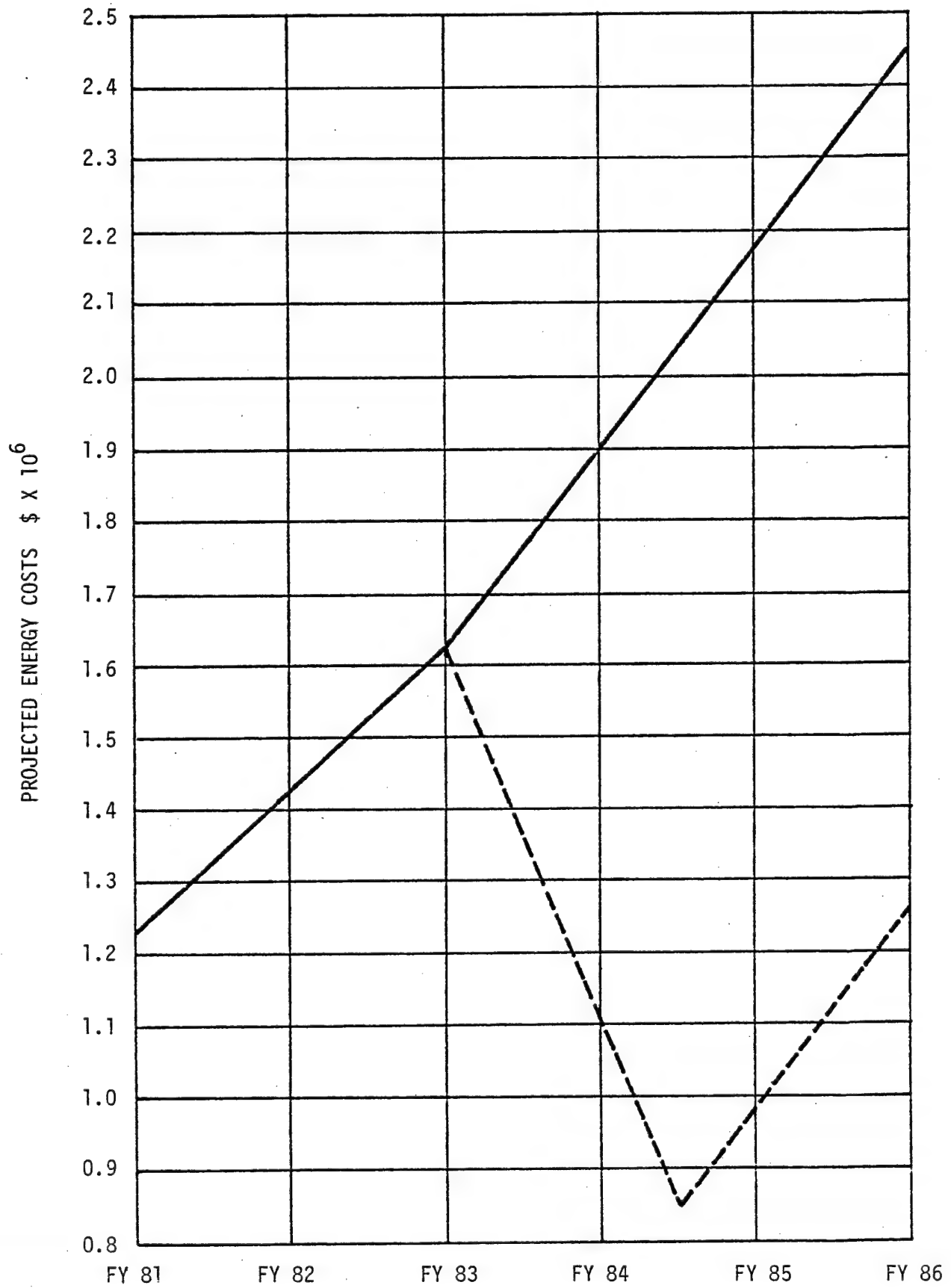


FIGURE 4.4

PROJECTED ENERGY COSTS



## 5. INCREMENTS "C" AND "D"

### 5.1 Scope of Work

Increment "C" projects involve new solar energy systems for the major dining facility kitchens and the gymnasium. Increment "D" projects shall consist of the utilization of the solid waste incinerators on the installation. In order to expedite the project, utilization of the solid waste incinerators is included under Increment "B" in lieu of Increment "D" and therefore, Increment "D" projects have been deleted from this report.

### 5.2 Energy Savings Anticipated

The buildings included in the new solar energy study are P-465, S-125, S-550 and T306/307. The anticipated savings are 1,436 MBTU and \$11,876 annually. The E/C ratio of the project is 1.93 with a payback period of 62.64 years.

APPENDIX A

POTENTIAL ENERGY CONSERVATION MEASURES  
REQUIRING CAPITAL INVESTMENT

| <u>Measures Studied</u>  | <u>Comments</u>   |
|--|---|
| 1. Shut-down ventilation systems during unoccupied periods in noncritical area                   | Good measure and included in Energy Conservation Project. (ECP)                             |
| 2. Optimize Ventilation Startup Times  | Good measure and included in ECP Project.   |
| 3. Reduce Infiltration Through Openings in Building Envelope                                     | Good measure and included in ECP Project.   |
| 4. Install Weatherstripping Around Windows and Doors. Caulk Around Window and Door Frames        | Good measure and included in ECP Project.   |
| 5. Reduce the Quantity of Exhaust Air from Hoods   | Not applicable for this installation because all kitchen hoods uses untempered outside air. |
| 6. Recover Heat from Exhaust Air to Precondition Incoming Air                                    | Mostly not applicable for this installation.  |
| 7. Lower Indoor Temperature During Heating Season  | Good measure and included in ECP Project.   |
| 8. Add Automatic Controls to Setback Temperatures During Unoccupied Periods in Noncritical Areas | Good measure and included in ECP Project.   |
| 9. Improve Thermal Efficiency of Heat Distribution Systems by Addition of Pipe Insulation        | Good measure and included in ECP Project.   |
| 10. Install Warm-up Cycle on Air Handling Units with Outside Air Intake as Applicable            | Existing AHUs are provided with warm-up cycle.  |
| 11. Use Insulating Materials to Block Off & Thermally Seal All Unused Windows                    | Good measure and included in ECP Project.   |

## Measures Studied

## Comments

- |   |   |
|---|---|
| 12. Install Storm Windows & Doors   | Good measure and included in ECP Project  |
| 13. Add Additional Insulation to Roofs, Ceilings, Walls and Floors Over Unconditioned Areas | Good measure and included in ECP Project  |
| 14. Consider Reglazing with Double or Triple Glazing  | Good measure but because of its high installation cost, storm windows are considered in this study instead of this measure. |
| 15. Evaluate the Necessity for Humidification; Curtain as Practical                         | Humidification is provided in Computer Room only; therefore, this measure is not studied.                                   |
| 16. Insulate All Duct Work Carrying Conditioned Air Through Unconditioned Spaces            | Not applicable.   |
| 17. Vary the Steam Pressure in Accordance with Space Heating Demands                        | Not applicable since the installation is using low pressure steam.  |
| 18. Reset Heating Water Temperature in Accordance with Load                                 | Good measure and included in ECP Project.   |
| 19. Reduce Hours of Equipment Operation   | Good measure and included in ECP Project.   |
| 20. Install Automatic Temperature Control Valves in Radiators and Convectors by Hand Valves | Good measure and included in ECP Project.   |
| 21. Provide Additional Thermostats for Better Control of Heating Equipment                  | Good measure and included in ECP Project.   |
| 22. Install Flue Gas Analyzer   | Good measure and included in ECP Project.   |
| 23. Install Boiler Stack Economizer for Preheating Feed Water                               | Good measure and included in ECP Project.   |

Measures Studied

Comments

- |   |   |
|---|---|
| 24. Utilize Heat from Internal Spaces for Heating Perimeter Areas   | Good measure but the installation does not have sufficient interior space to apply.   |
| 25. Install Solar Panels  | Good measure but the installation will be provided with its thermal energy required from solid waste heat recovery, solar project is not recommended. |
| 26. De-energize Hot Water Circulating Pumps When Building is Unoccupied   | Good measure and included in ECP Project.   |
| 27. Insert Orifices in Hot Water Pipes to Reduce Flow (Shower Flow Restricters - 3 gpm)                           | Good measure and included in ECP Project.   |
| 28. Recover Heat from Incinerators  | Good measure and included in ECP Project.   |
| 29. Replace Electric Heaters With Water or Steam Heaters  | Good measure and included in ECP Project.   |
| 30. Provide Automation to Turn Off Cooling System During Unoccupied Hours in Noncritical areas                    | Good measure and is included in ECP Project.  |
| 31. Use Outdoor Air with Enthalpy Controller for Economizer Cooling   | Good measure but has limited application for the installation.  |
| 32. Convert Constant-Volume Fan System to Variable Air Volume Where Occupancy Permits                             | Good measure but does not meet the criteria.  |
| 33. Replace Inefficient Window Air Conditioners with New High EER Units of Larger, More Efficient Central Systems | Good measure and is included in ECP Project for Bldg. P-1.  |
| 34. Modify HVAC Systems to Eliminate the Need for Winter Refrigeration  | Good measure but is not applicable to the installation.   |



Measures Studied

Comments

35. Utilize Automatic Building Demand Limiters

Good measure and is included in ECP Project.

36. Install EMCS System

Good measure but has very limited application for this installation compared to its substantially high first cost. Therefore, computer controlled radio control system (CCRCS) is utilized instead of EMCS systems.

37. Use 35 Watt Lamps & Ballasts in 48-inch Fluorescent Fixtures

Good measure and included in ECP Project.

38. Use Higher Efficiency Lamps

Good measure and included in ECP Project.

## APPENDIX B

POTENTIAL ENERGY CONSERVATION MEASURES  
REQUIRING MANAGEMENT ACTION AT THE INSTALLATION

1. Reduce ventilation rates during occupied hours to a minimum in noncritical areas.
2. Close fireplace dampers when not in use.
3. Adjust outdoor air dampers for tight closure.
4. Rehang misaligned exterior doors.
5. Repair all leaks: Water, steam, air, fuel, etc.
6. Recalibrate all controls & verify sequence.
7. Repair Faulty Equipment: Steam traps, Valves, Dampers, etc., if any.
8. Turn off or eliminate all portable electric heaters.
9. Keep doors and windows closed when heating system is operating.
10. Adjust dampers in mixing boxes so that they shut-off tight to reduce leakage.
11. Check vents in hot water and steam systems for proper performance.
12. Balance water flows to minimally satisfactory levels.
13. Clean strainer screens in pumping systems.
14. Trim pump impeller to match load.
15. Adjust all pumps to control leakage at pump packing glands or replace work mech. seals.
16. Maintain all equipment and auxiliary at peak efficiency.
17. Keep filters and heat transfer surfaces clean.
18. Use proper water treatment to reduce fouling of heat transfer surfaces in boilers, chillers, heat exchangers, etc.
19. Reduce blowdown losses.
20. Replace existing boilers with modular boilers as replacement is required.
21. Reduce illumination to levels consistent with productivity, safety and security considerations.

22. Use daylight for illumination in perimeter areas as practical.
23. Move desks & other work surfaces to a position & orientation that will use installed luminaires to their greatest advantage.
24. Keep lamps, luminaires, and interior surfaces clean.
25. Consider the use of light colors for walls, floors & ceilings to increase reflectance but avoid specular reflections.
26. Eliminate hot water at fixtures where it is not essential.
27. Operate dishwashers & clothes washers with full loads as possible.
28. Maintain lower indoor temperature during heating season and higher during cooling season.
29. Do not cool or heat lobbies, passageways and storage areas to the same degree as work areas.
30. Reduce internal heat gain.
31. Operate condenser water system at lower temperature.
32. Raise chilled water temperature in accordance with load.
33. Close off unused areas and rooms.
34. Replace equipment with high efficiency models as replacement is required.